Call for Expressions of Interest		
Date of Issue	28 Sept 2015	
<b>Expected Completion Date</b>	27 April 2016	
Project Title	Website and app to support parents of	
	preterm infants	
Company	NUH-NHS Trust	
	Preterm Baby Unit	
	QMC	
	Nottingham	
<b>Contact Person</b>	Dr Shalini Ojha	
Contact Email	Shalini.Ojha@nottingham.ac.uk	

## **Project Background information**

Preterm infants, i.e. those born earlier than expected are at increased risk of ill health and frequently have poor nutrition, growth and development. Parenting a preterm infant can be very stressful. Preterm infants often spend long periods in the hospital and even after the medical crises have passed, and the infant is discharged home, parents may continue to experience distress as they attempt to care for their fragile infant whose development and behaviour may be different to term-born infants. Good nutrition is a key concern for parents. Our work with the parent-partnership focus groups revealed that families of preterm infants would benefit from support in this area. Weaning is the process by which babies start taking foods other than breast or infant formula milk. This time can be very stressful for parents of preterm infants. It is difficult for parents to decide when the baby is ready to be weaned and there is a lack of information about what would be the correct method and food to use while weaning. We would like to design a website to provide information about nutrition and weaning in preterm infants. This site will include information on how to identify when the child is ready to be weaned, culturally acceptable food items that can be used, how to feed infants, and other information about nutrition after weaning. The website should be also available via an app which may be downloadable on a range of smartphones. Currently there are some leaflets that provide information about how to wean preterm infants. The most frequently used is available at

https://www.cshsurrey.co.uk/sites/default/files/uploads/documents/services/Weaning%20pret erm.pdf
We would like to create a website with this information and investigate if
giving parents information through a website and an app may be more useful
than giving out leaflets. For the website: we would like to have a platform that
has text and pictures, videos as well as the option for parents to share their
experiences. The materials will be provided by the Neonatal Team at the
Oueen's Medical Centre.

## Requirements

Group must provide

CV for each member of team

Description of skills that make the team suitable to complete the project

## **Expected Skills**

Expected Skills	
Highly Desirable	Desirable
Programming in suitable language for producing a web site	Experience in producing web sites
Knowledge of languages used in programming mobile platforms	Experience developing for IOS and Android

Knowledge of Database Management Software	Experience using MySql
Ability to work with patient parents	Experience working in a team including not just technical members
Knowledge of versioning software for maintaining software integrity	Experience with Git
Date of Submission of EOI	4 October 2015
Date of Pitch	11 or 12 October 2015
Notification of award	15 October 2015

For any further information the team representative should in the first instance email the contact person stated above at the email address provided.