Recent Research on Nurse Rostering at ASAP Group

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1





Content

- Nurse rostering problems
 - Description & formulation
 - Brief literature review
 - Benchmarks

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- Related variants
- Recent approaches in ASAP





- Schedule a number of shifts to nurses in rosters, satisfying a set of constraints
 - Enough number of shifts (of different types) coverage on each day during the scheduling period
 - Side constraints
 - working/resting hours limit, complete weekends, skill levels, personal preferences, etc





- Hospitals operate 24/7, introduces constraints related to night shifts and weekends
- Different grade and skill mixes
- Number of shift types (early, day, late, night)
- Cover requirements can vary
- Long scheduling horizons and large numbers of employees





- Problems occur in hospital wards worldwide
- Difficult optimisation problem with many constraints and objectives
- Time consuming, frustrating and stressful problem
- Regular rescheduling required to cope with absences
- Poor planning and excess workload can cause decrease in quality of healthcare





- Automated nurse rostering
 - Satisfying more personal requests and preferences
 - Helps nurses plan their leisure time more effectively
 - Flexible schedules helps recruiting and retaining staff
 - Computers regarded as impartial





- Automated nurse rostering
 - Can ensure legal requirements are not broken
 - Lower costs e.g. hire less agency nurses to fill gaps in rosters
 - Distribute rosters via email and web
 - Generate management reports and statistics, connect to payroll systems, less paperwork etc





Nurse Rostering Problems

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Total Penalty 176

Unassigned Shifts 0

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Minimu	im Cover																													

- Problem formulation
 - Hard constraints
 - binding, feasibility, or imperative planning rules
 - Soft constraints
 - floppy, non binding, preference planning rules
 - Weights
 - to specify relative priorities
 - weighted sum objective function







Nurse Rostering Research

- Meta-heuristics heavily used in nurse rostering^[BUR04]
 - GAs^[AIC04,07], Memetic Algorithm^[VAN01,OZC07], Tabu Search^[DOW98], Variable Neighbourhood Search ^[BUR07], etc
- Hyper-heuristics showed to be flexible and effective
 - TS Hyper-heuristic^[BUR03], Rule-Based Hyperheursitic^{[AIC07a],} MA hyper-heuristics^[OZC07a]





Nurse Rostering Research

- Mathematical programming also report good results
 - Hybridised with meta-heuristics^[BUR07]
- Others
 - Case based reasoning[BED06]
 - Multi-objective^[BUR07a]





Nurse Rostering Research

- Heuristics
 - Advantages
 - Can exploit problem specific information
 - Do not require expensive software packages
 - Disadvantages
 - More programming involved
 - Can be inconsistent





Nurse Rostering Benchmarks

- Very few benchmark nurse rostering problems
 - No typical nurse rostering problem
 - Each hospital has its own problem with a variety of complicated objective functions and lots of constraints
- Benchmarks would help validate algorithms
 - We are collecting real-world problems at
 - http://www.asap.cs.nott.ac.uk/projects/nmhpr/data
 - Encourage collaboration and competition







Computer Science & Information Technology

Faculty of Science

automated scheduling optimisation & planning

Personnel Scheduling Data Sets and Benchmarks

[data] [software] [documentation] [changes] [contact]

Overview

Personnel scheduling problems and benchmarks. These are test instances for the problem of automated personnel schedulin Most of the benchmark problems provided here are nurse rostering problems and based on real world data. See t documentation section for more information on the format of the data and software provided for using the data sets and t development of new solvers.

Data sets

		Best solu	: known tions	
File	<u>GPost.xml</u>	7	<u>html</u>	<u>×ml</u>
Problem	GPost	8	<u>html</u>	<u>xml</u>
Comments	This is a small problem and a nice introductory example.			
Employees	8			
Schedule length	1 4 weeks			
Cover type	Cover is specified per shift, over and under coverage is not allowed.			
Other versions	<u>GPost-B.xml</u> Same as GPost.xml but without the requests on the first two days.	5	<u>html</u>	<u>×ml</u>
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Nurse Rostering Benchmarks

- Collected from real hospitals firstly by KaHo Sint-Lieven, Belgium
 - Anonymized, removed with confidential information and country specific constraints
- Updated frequently by ASAP Group
 - More recent data from UK, The Netherlands and Canada





Nurse Rostering Benchmarks

• XML

- flexible, extendible
- simple representation of different problems
- API evaluation function
 - Standard measure for scientific comparisons





Personnel Rostering Variants

- Staffing Problem
 - Determine the optimal workforce size
 - Factors to consider
 - Available budget
 - Nurse to patient ratios
 - Predicted sick and annual leave
 - Cost and availability of agency nurses
 - Workforce scheduling occurs less frequently





Personnel Rostering Variants

• Cyclic Scheduling

- All nurses repeatedly work the same pattern
- Generate one pattern and assign it to all nurses offsetting it each time
- Advantages
 - Everyone works the same schedule
 - Nurses know schedules a long time in advance
- Disadvantages
 - Does not easily handle fluctuations in cover requirements
 - Less flexible in satisfying personal requests





Personnel Rostering Variants

- Non-Cyclic Scheduling
 - Each nurse receives a different work pattern
 - Advantages
 - Satisfies personal requests
 - Handles day to day variations in cover requirements
 - Disadvantages
 - Need to be created every planning period
 - More complicated models





Content

• Nurse rostering problems

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- Recent Approaches in ASAP
 - A decomposition approach
 - A sequence based construction approach
 - A hybrid variable neighbourhood search
 - Other related work





- The problem
 - To create monthly schedules for wards
 - Different types of nurses (PT, FT)
 - 4 shift types and demand in a week
 - Derived from real-world problems in ORTEC, Netherlands





• The problem	12 Full-time nurses	36 hours/week
	1 Part-time nurse	32 hours/week
	3 Part-time nurses	20 hours/week

					Den	nand			
Shift type	Start time	End time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Early	07:00	16:00	3	3	3	3	3	2	2
Day	08:00	17:00	3	3	3	3	3	2	2
Late	14:00	23:00	3	3	3	3	3	2	2
Night	23:00	07:00	1	1	1	1	1	1	1





A Decomposition Approach

• Hard constraints

- HC1: daily coverage requirement of each shift type
- HC2: for each day, a nurse works at most one shift
- HC3: max number of working days per month
- HC4: max number of on-duty weekends per month
- HC5: max number of *night* shifts per month
- HC6: no *night* shift between two non-*night* shifts
- HC7: min two free days after a series of *night* shifts
- HC8: max number of consecutive *night* shifts
- HC9: max number of consecutive working days
- HC10: no late shifts for one particular nurse





A Decomposition Approach

Soft constraints

SC1	either no shifts or two shifts in weekends	1000
SC2	avoiding a single day between two days off	1000
SC3	length of a series of night shifts	1000
SC4	Min number of free days after a series of shifts	100
SC5	Max/Min number of consecutive assignments of a specific shift type	10
SC6	Max/Min number of weekly working days	10
SC7	Max number of consecutive working days for part-time nurses	10
SC8	avoiding certain shift type successions (e.g. a <i>day</i> shift followed by an <i>early</i> one, etc)	5 asap
The Uni	versity of 26	automated scheduling ptimisation

- The main idea
 - to decompose the problem into cyclic schedules for groups of nurses
 - add workload of remaining nurses
 - in a second step a Variable Neighbourhood Search is applied for further improvement





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Nurse 2	L	L	L				
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A Decomposition Approach

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A Decomposition Approach

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optimisation

& planning

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A Decomposition Approach

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automated

- Hybrid GA
 - $-630 (5 \text{ min}) \rightarrow 505 (40 \text{ min}) \rightarrow 411 (6 \text{ hours})$
- Hybrid VNS
 - 466 (1 min)
- Decomposition + construction
 340
- VNS after Decomposition + construction - 170 (< 1 min)





Content

• Nurse rostering problems

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- Recent Approaches in ASAP
 - A decomposition approach
 - A sequence based construction approach
 - A hybrid variable neighbourhood search
 - Other related work




Sequence Based Adaptive Approach



& planning

Sequence Based Adaptive Approach

- Problems derived from real-world
 - Large number of constraints of different types, and different importance
 - Time consuming when searching for good rosters

Hard Constraints

- 1 Shifts which require certain skills can only be taken by (or assigned to) nurses who have those skills
- 2 The shift coverage requirements must be fulfilled





Sequence Based Adaptive Approach

Soft Constraint	
Minimum rest time between shifts	
Alternative skill (if a nurse is able to cover a shift but prefers not to as it does not require his/her primary skill)	
Maximum number of shift assignments	
Maximum number of consecutive working days	
Minimum number of consecutive working days	
Maximum number of consecutive non-working days	
Minimum number of consecutive non-working days	
Maximum number of hours worked	
Minimum number of hours worked	
	Soft ConstraintMinimum rest time between shiftsAlternative skill (if a nurse is able to cover a shift but prefers not to as it does not require his/her primary skill)Maximum number of shift assignmentsMaximum number of consecutive working daysMinimum number of consecutive working daysMaximum number of consecutive non-working daysMaximum number of consecutive non-working daysMinimum number of consecutive non-working daysMinimum number of hours workedMaximum number of hours worked



scheduling

& planning

optimisation

	Soft Constraint	
10	Maximum total number of assignments for all Mondays, Tuesdays, Wednesdays, etc	,
11	Maximum number of a certain shift type worked (e.g. maximum seven night shifts for the planning period)	ו
12	Maximum number of a certain shift type worked per week (same as above but for each individual week)	ز
13	Valid number of consecutive shifts of the same type	
14	Free days after night shifts	
15	Complete weekends (i.e. shifts on both Saturday and Sunday, or no shift over the weekend)	-
16	No night shifts before free weekends	3
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Sequence Based Adaptive Approach

	Soft Constraint							
17	Identical shift types during the weekend							
18	Maximum number of consecutive working weekends							
19	Maximum number of working weekends in four weeks							
20	Maximum number of working bank holidays							
21	Shift type successions (e.g. Is shift type A allowed to follow B the next day, etc)							
22	Requested days on or off							
23	Requested shifts on or off							
24	Tutorship (employee X present when employee Y is working)							
25	Working separately (employee X not present when employee Y is a sap							
The U	niversity of 41 automat							



lottinaham

optimisation

& planning

- In literature:
 - Constraints are usually grouped as *hard* and *soft* constraints in most work
 - A few work consider feasible patterns (or workstretch) of one week, or two weeks, associated with pre-assigned costs





- In our work:
 - Problems are firstly modelled by categorising constraints into 3 types, *Sequence*, *Schedule* and *Roster* related
 - Penalties of sequences, schedules and roster are calculated by corresponding constraints

Sequences	A series of shifts for nurses i.e. EEELL
Schedules	Ordered list of sequences and days off
Roster	Overall solution consisting of same length schedules of the scheduling period





- In our work:
 - Two stage approach
 - Construct high quality sequences for each nurse considering only sequence related constraints
 - Construct schedules and roster considering only schedule and roster related constraints





	Hard Constraints	Туре
1	Shifts which require certain skills can only be taken by (or assigned to) nurses who have those skills	sequence
2	The shift coverage requirements must be fulfilled	roster

	Soft Constraints	Туре					
1	Minimum rest time between shifts	sequence					
2	Alternative skill (if a nurse is able to cover a shift but prefer not to as it does not require his/her primary skill)	s sequence					
3	Maximum number of shift assignments						
4	Maximum number of consecutive working days	sequence					
5	Minimum number of consecutive working days	sequence					
••	• • • •						
	The University of 46 Nottingham	automated scheduling optimisation & planning					

- Decomposition on complex problems
 - Our previous work decompose the problem by considering sub-groups of nurses
 - This work decompose the problem in a different way
 - Constraints are dealt with in different stages
 - Overall aim is to reduce the complexity of the problem and size of the search space





- Stage I: sequence construction for each nurse
 - Construct sequences by considering
 - sequence related hard constraints
 - *sequence* related soft constraints
 - length of up to 5
 - Best 50 are ranked

	Shift Sequences	Penalty	Comment
	E, E, E	0	
	D, D, E, E, E	5	E not preferred to follow D.
	L, L, L, D, D	5	D not allo preferred wed to follow L.
ity of	N, N 10		Two N's not preferred.
ham	E, D, D	10	One E not preferred.



Sequence Based Adaptive Approach



 Adaptive ordering: nurses with worse schedules are scheduled first in the next iteration





- Experiment results
 - Without adaptive ordering
 - Greedy local search does not make much improvement
 - With adaptive ordering
 - Improvement by greedy local search around 4%





- Conclusions
 - Problem formulation to decompose the constraints of different types → smaller search space
 - Simple and fast technique, usually take a few seconds to 2 minutes for problems up to 46 nurses and more than four weeks
 - Easily hybridised with other techniques for further improvement





Content

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 - A hybrid variable neighbourhood search
 - Other related work





- Meta-heuristics are the state-of-the-art in nurse rostering research^[BUR04]
 - Most algorithms use only one neighbourhood operator
- Variable neighbourhood search (VNS) showed to be very effective on a number of scheduling problems
 - Employ at least two neighbourhood operators
 - Effective on escaping from local optimum





Hybrid Variable Neighbourhood Search

• HARMONYTM

- Automated workforce management software
- Developed by ORTEC, The Netherlands, an international consultancy company on planning, scheduling, optimisation and decision support
- This work improved the algorithm in HARMONY^{TM}





- In this work
 - Heuristic ordering
 - to order shifts for construction
 - Repairing method
 - remove worse part of roster and re-construct
 - VNS
 - improvement upon rosters







- Heuristic ordering
 - Order shifts for construction in initialisation and repair
 - More *troublesome* shifts assigned first
 - Criteria to evaluate the shifts
 - Type of shifts, number of employees able to cover it, etc





- Variable Neighbourhood Search
 - Neighbours of a solution
 - those schedules that can be obtained by making a "move" e.g. single shifts swapped between any two nurses
 - Two neighbourhood operators
 - Assign a shift to another nurse
 - Swap shifts between nurses



- Repairing method
 - After VNS reached to a local optimum
 - Un-assign a section of roster for further possible improvement operators
 - Re-assign shifts ordered by heuristic ordering





			Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
GA	(60	mins)	775	1791	2030	612	2296	9466	781	4850	615	736	2126	625
VNS	(30	mins)	735	1950	2055	501	2285	9312	660	4975	761	665	2041	625
VNS	(60	mins)	735	1866	2010	457	2161	9291	481	4880	647	665	2030	520







Algorithm	Penalty			
Hybrid VNS after 30 minutes	736			
Hybrid VNS after 60 minutes	706			
Best ever G.A. (24 hours)	681			
Previous best known (made by manual improvements)				
Hybrid VNS after 12 hours	541			





- Conclusions
 - Relatively straightforward and highly effective
 - Superior to the existing algorithm in a commercial software



Content

• Nurse rostering problems

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- Recent approaches in ASAP
 - A decomposition approach
 - A sequence based construction approach
 - A hybrid variable neighbourhood search
 - Other ongoing work





Variable Depth Search

• Basic VNS

– Move single shift to another nurse

Swap two shifts between nurses



schedulina

& planning

optimisation



Variable Depth Search

- Extend basic VNS
 - include neighbour solutions which differ by an exchange of a **block** of shifts between two nurses



Variable Depth Search

- Form chains of moves/swaps
- Each neighbour in the neighbourhood for the best solution found so far is a possible starting point for the chain of moves
- The second nurse in the last move is the first nurse in the next move



Variable Depth Search

- If at any point a new best solution is found, set it as the current solution and look for another set of moves
- If the chain cannot be continued, we go back to the current best solution, take an untried starting move and try to form a chain it
- Algorithm terminates when no untried starting points in the current best solution







Total Penalty 264







Total Penalty 264







E's penalty before = 37, now = 18. Change = -19. Pen = 264-19=245G's penalty before = 13, now = 40. Change = +27. Pen = 245+27=272



(Original penalty = 264)_{mated}

scheduling

optimisation & planning


Total Penalty 272







G's penalty before = 40, now = 16. Change = -24. Pen = 272-24 = 248E's penalty before = 18, now = 34. Change = +16. Pen = 248+16=264



(Original penalty = 264)_{mated}

scheduling

optimisation & planning



Total Penalty 264







E's penalty before = 34, now = 33. Change = -1. Pen = 264-1 = 263 B's penalty before = 21, now = 22. Change = +1. Pen = 263+1=264



(Original penalty = 264)

scheduling

optimisation & planning



Total Penalty 264







Total Penalty 263

scheduling

optimisation & planning

(Original penalty = 264)

B's penalty before = 22, now = 20. Change = -2. Pen = 264-2 = 262G's penalty before = 16, now = 17. Change = +1. Pen = 262+1=263



Variable Depth Search

Conclusions

 More complicated to implement compared with VNS and sequence based constructive method

- Very effective compared with previous approaches



- Most constructive heuristics use fixed rules
 - A single or combination of rules are used throughout of the schedule construction
 - Schedule quality is usually poor
- A human being can use rules flexibly during solution construction
- How to build schedules by using a set of rules





- Produce weekly schedules for wards
- Up to 30 nurses
 - Different grades/skills
- Two shift types: N, D
- Constraints
 - Working contracts
 - Demand for the given number of nurses
 - Higher qualified nurses can substitute less qualified nurses, but not vice versa





- Two stage approach
 - Generate
 - Each shift pattern of one week length is associated with corresponding cost (violation of soft constraints)
 - Pre-processed (411 shift patterns)
 - Allocate
 - Different rules are used to allocate shift patterns to build a schedule
 - Hyper-heuristic is used to search on sequences of rules





Rule Based Hyper-heuristics





- i indices of nurses to be allocated a shift pattern
- j indices of rules to be used in building a schedule
- node N(i,j) nurse i is scheduled by rule j

83

 A possible schedule – a directed path from nurse 1 to nurse m connecting m nodes

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optimisation

- 6 rules at low level to select shift patterns
 - Random
 - K-Cheapest
 - Highest Undercover
 - Overall Cover
 - Contribution-A
 - Contribution-B







- Conclusions
 - Better than an Ant Algorithm previously developed
 - Ant Algorithm performed better than most of the previously developed Genetic Algorithms
 - Slightly worse than Integer Programming, which takes much more time to find optimal solutions





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Questions/Discussions?

- Nurse rostering problems
 - Related variants in ATOSS?

• Recent Approaches

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- ...

Other related work



